



SAINT MARY'S COLLEGE

DIVISION OF STUDENT LIFE

YEAR IN REVIEW

2023

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*Example makes a much greater  
impression on the mind and hearts of  
the young than do words.*

*-John the Baptist De La Salle*



LASALLIAN INSTITUTION EDUCATION

# DIVISION OF STUDENT LIFE

## *A Message from Vice President for Student Life*

The Division of Student Life had a successful year in supporting the growth and success of Saint Mary's students! The Division intersects at multiple points of a student's journey at Saint Mary's. With areas that promote students' living experiences, wellness, and engagement, Student Life accompanies students on their academic and co-curricular journey at Saint Mary's. The Division of Student Life creates a sense of belonging, offers participatory opportunities, and encourages students to contribute back their talents. Departments within Student Life include Campus Assault, Response, and Education (CARE), Campus Housing, Club Sports, Community Life, Center for Women & Gender Equity, Counseling and Psychological Services, the Dean of Students, Intercultural Center, New Student & Family Programs, Public Safety & Transportation, Recreational Sports, Student Involvement and Leadership, and the Student Health Center.

I am extremely humbled and honored to have been named the next Vice President for the Division of Student Life. As an alum of Saint Mary's, it is a privilege to be leading a team of departments that had such a great impact on my Gael experience. So many of my lasting memories were related to the experiences, leadership opportunities, support, and guidance I received from the departments within the division. And, as importantly, I remember the immense fun I had participating in intramurals, going to club events, living in the residence halls, and participating in various activities. It is extremely gratifying to now be able to pass those experiences on to our current and future students.

The 2022-2023 academic year was highlighted by the growth and development of student initiatives. A successful first-time student leadership conference was attended by well over 125+ students. Popular spring events such as the spring concert, carnival, mom's and mimosas, and weekly food trucks drew huge crowds. A stadium full of supporters watched Gael rugby compete in the national quarterfinals. As students are reengaging with the campus, involvement is growing. The Associated Students, the advocacy voice of students' at Saint Mary's, had all of their positions filled during elections for the first time in years. The staff of the division worked tirelessly to invest in student experiences and lay a foundation for which we look forward to building upon for the coming year.

As we prepare for the coming year, we are also committed to the sustained health of our students. Our counseling services continue to see unprecedented numbers of students and provide further advocacy for mental wellbeing. Our health center continued to tackle the challenges of the pandemic and has begun meeting with students to discuss the expansion of hours and opportunities for service. Students participated in numerous fitness classes and intramurals to keep their bodies active and healthy. The lived experience of our students will be positively impacted by a revitalized transportation and parking plan, while dining services will be providing students with exciting opportunities throughout campus.

More than 60% of undergraduate students lived on campus in the last academic year, the highest percentage of residential students in the past 10 years. An expected 66% of students will be living on campus for the coming year, with renovated halls welcoming students and residential staff providing continuing programs and activities. Commuter students will be able to fully enjoy the commuter lounge and extended hours at retail spaces will create a better campus environment.

As I reflect on the successes of the past year, I eagerly anticipate what will be a defining year for the Division of Student Life. Building upon the fantastic events and traditions of years past, our amazing staff is planning new student initiatives and programs to continue to define the narrative on what campus life means at Saint Mary's. The talented staff of the various programs of the Division are eagerly anticipating the coming year and, in partnership with our students, continuing to drive the lived experience, engagement, and wellness of the student life at Saint Mary's. On behalf of our hard-working, passionate staff, we thank you for exploring all that Student Life provides!

*James Sciuto, Ed.D.*  
*Interim Vice President for Student Life*

# HIGHLIGHTS OF 2022 - 2023



## RENOVATED HALL SPACES

Mitty, Becket, and More halls all re-opened after extensive renovations. A new commuter lounge was created in De la Salle Hall and several lounges and residential spaces have new furniture.



## TEAL OUT EVENT

Inaugural Teal Out collaborative event with involvement of over 1000 students, faculty & staff that increased sexual assault awareness and education.



## MEAL PLAN SATISFACTION

New food vendor Good Eating Company increased satisfactory food services to students, which increased the meal plan participants.



## RECREATION CENTER

15% increase in usage by Members compared to 21-22.



## CULTURAL NIGHT SHOWCASE

Showcasing historical milestones, customs, and contemporary issues through spoken word, theatrical, music and dance. This even drew an audience over 300.



## STUDENT LEADERSHIP SUMMIT

Student Leadership conference with over 150 students who were introduced to being a leader as well as advanced topics such as facilitating difficult conversations.



# CARE

Campus Assault Response Education

*Promoting a campus culture of care, safety, and respect for all persons.*

One-on-one Support

113 HOURS

Advising Support for Student Groups

96 HOURS

APRIL —Sexual Assault Awareness Month

**500+**  
PARTICIPANTS

Teal ribbons were put up by Saint Mary's CARE Center, which stands for Campus Assault Response and Education, and the Student Coalition Against Abuse and Rape.

- Self Defense Class
- Donuts for Denim
- Cupcakes for a Cause
- Blue Jean Mile
- Take Back the Night
- Bystander Intervention Training

Programs

**5040**

Volunteer Hours  
24/7 CARE Line

**1000+**

**TEAL OUT EVENT PARTICIPANTS**

Increasing sexual violence awareness and education.

Students, staff, players, coaches, and fans all had an opportunity to show their support in a variety of ways. In the UCU Pavilion lobby, students were able to pick up a teal T-shirt while all fans had the chance to stop by the information table and speak with SMC students to learn more about the topic as well as resources offered at Saint Mary's.



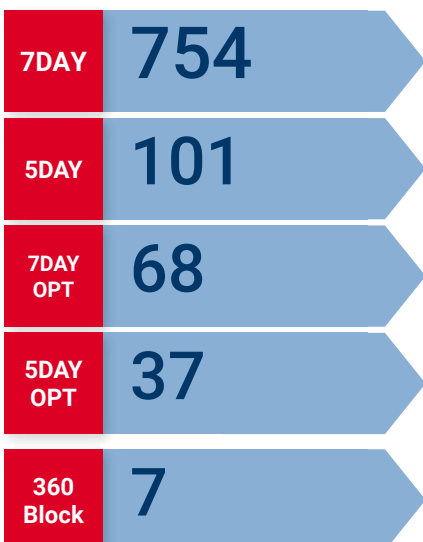
# CAMPUS HOUSING

*Living on Campus is one of the most exciting experiences college has to offer. Students have the opportunity to socialize with peers, learn life-long skills, and create memories that last long past graduation.*

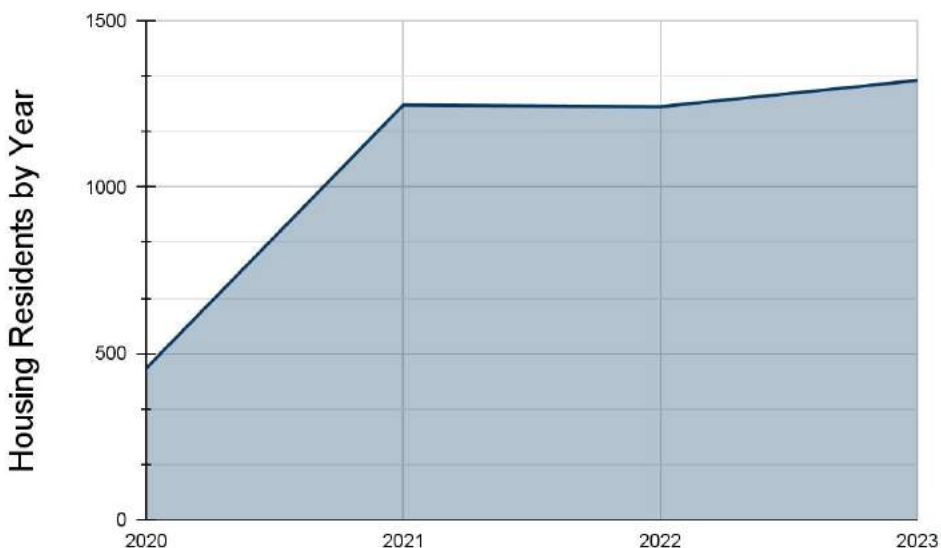
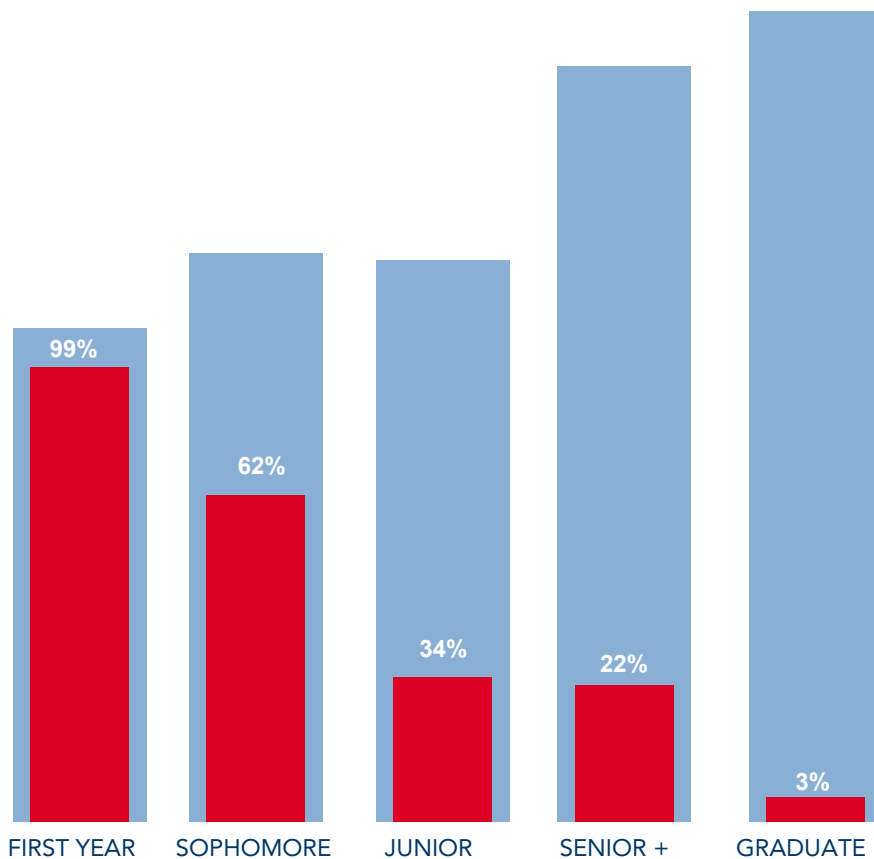
# 79%

Available Housing Occupied

## 967 MEAL PLANS



## PERCENTAGE OF STUDENT POPULATION LIVING ON CAMPUS BY GROUP



# CAMPUS RECREATION

# 76

Student Employees

- Student Coordinator
- Facility Supervisor
- Lifeguard
- Facility Services Attendant
- Intramural Official
- Intramural Scorekeeper
- Fitness Instructor
- Climbing Wall Instructor
- Photographer



2023 FYO CHAMPS  
**AQUINAS**

## FITNESS CLASS PARTICIPANTS

# 668

## SPECIAL EVENT ATTENDEES

# 631

## INTRAMURAL PARTICIPANTS

# 339

# 107

Outdoor Equipment Rentals



# CWGE

Center for Women and Gender Equity

*CWGE utilizes a collaborative, strength-based approach in supporting and advocating for students, promoting gender equity and inclusion.*

# 790+

Participants in the Coffee & Connections Weekly Events

"Since starting my time as a Student Specialist in the CWGE, I've gained invaluable experience in everything from general communication to the practice of radical hospitality."

- Amaya Banaja, Class of 2026

Programming **15**

Hosted programs addressing gender based violence, allyship and gender equity issues.

+

Engagement **24**

Led student opportunities for community engagement and internships

+

Consultation **47**

Offered collaborative planning and advocacy referrals



*A Message from Sharon Sobotta -  
Director of the Center for Women & Gender Equity*

We've been exploring the weight of words and the degree to which words matter with this year's CWGE team. Students have started questioning the ways in which words are used in binary ways on things that aren't always obvious. We prompted students to observe everyday language and see what sticks out for them and imagine the ways it might impact our ways of thinking about race/gender.



# CLUB ATHLETICS

# 306

## ATHLETES

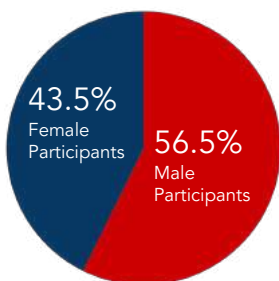
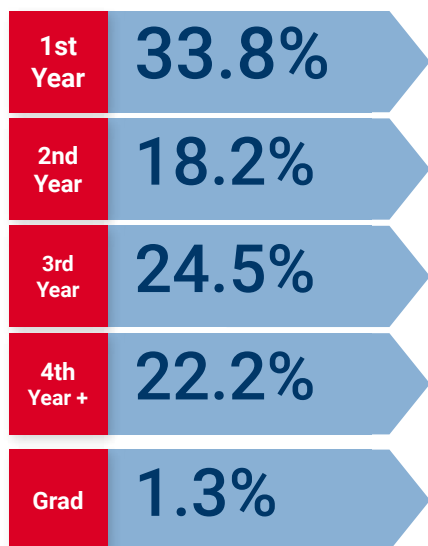
*We empower our students to engage one another by learning, practicing, building lifelong friendships, and competing on and off campus.*

# 1022

Team Practices: Turf Field, Pat Vincent Field & Rec Center

# 154

Competition Events: Home & Away



Team Rosters	# of Rostered Athletes
Baseball	23
Lacrosse, Men's	26
Lacrosse, Women's	19
Rugby, Men's	59
Rugby, Women's	16
Soccer, Men's	46
Soccer, Women's	24
STUNT	19
Tennis, Co-ed	22
Volleyball, Men's	12
Volleyball, Women's	33
Water Polo, Women's	16
Dog Agility	1

15.3% of the Student Population Participation  
\$72,220 expenses paid out of pocket by Students



# CAPS

Counseling and Psychological Services

# 96%

Of Students who used clinical services reported it supported their continued enrollment at SMC

## FALL 2022 CLINIC VISITS

# 481

## JANUARY & SPRING 2023 CLINIC VISITS

# 795

### WORKSHOPS

- Coaching Leadership, Equity & Respect: training for male athletes
- Paint Your Mood
- 44 Days Mental Health Series
- Calling all Introverts

### TRAININGS

- Mental Health related training for students, staff and faculty
- Master's Level Students
- QPR for RA's & HP Mentors
- "Behind Closed Doors"

### OUTREACH

- Wellness Fair
- Faculty Toolkit for Creating a Community of Care
- CAPS Open House
- Send Suicide Packing Lawn Display
- Yellow Tulip Planting Project
- Affirmation Jars
- Care Grams
- Safe Spring Break



# 883

TOTAL REACH OF PARTICIPANTS



# INTERCULTURAL CENTER

*Striving to create a safe and supportive learning environment that values diversity and builds an inclusive community.*



<b>418</b> PARTICIPANTS	<b>FEEL GOOD FRIDAYS</b>	Hosted in collaboration with DOC orgs, HP program, and IC staff
<b>175</b> PARTICIPANTS	<b>COLLECTIVE HOUR</b>	Affinity based spaces hosted by IC's Social Justice Advocates
<b>122</b> PARTICIPANTS	<b>INVEST</b>	Hot topic discussions facilitated by IC's Social Justice Advocates.

Participants in Special Events

# 780

- Fac Chats
- Decompression with Expression
- Cultural Night Showcase
- Cultural Graduation Celebrations
- Diversity Retreat
- Diversity Dance
- Trans Talk Panel

# 34%

Student Population involvement which is an increase of 2% from 2021-2022.

2945  
Hours  
worked

# 13

IC Student  
Employees

# 3976

IC Cafe  
Visits



# JARC

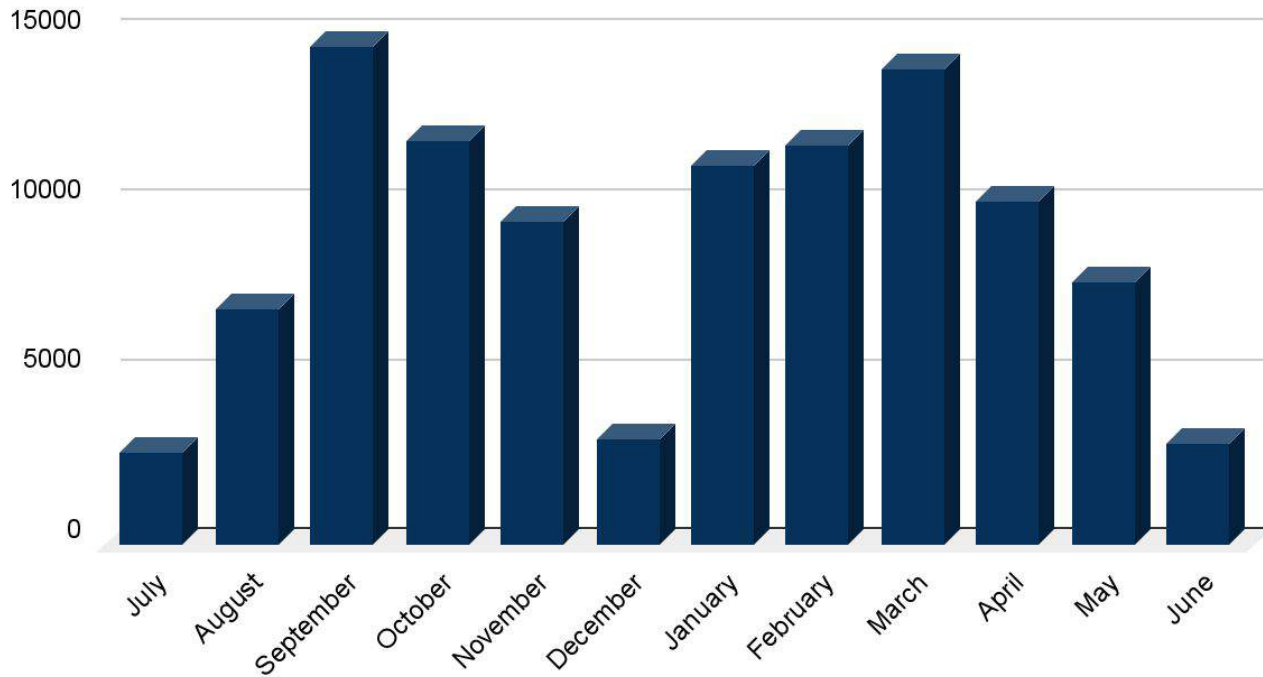
Joseph L. Alioto Recreation Center

Visits by members

# 106,510

Increase of 15% from 2021-2022

## Monthly Visits



## Student Population by class year who use the Recreation Center



INDIVIDUALS VISITED FOR A TOUR **6384**

FACILITY RESERVATIONS **1779**

NON-STUDENT MEMBERS **1109**

# 597

Student Guests

# NSFP

New Student & Family Programs

*Dedicated to providing a seamless transition into the campus community for new students and their families through programs, resources and outreach.*



20

Weekend of Welcome Events

63 WOWies

4

Orientation Sessions

15

Orientation Leaders

**THE SCOOP**

Newsletter

2669

Participants

681

Guests

**FAMILY NEWSLETTER**

8741

Participants

Top Clicked Link  
Finals Schedule

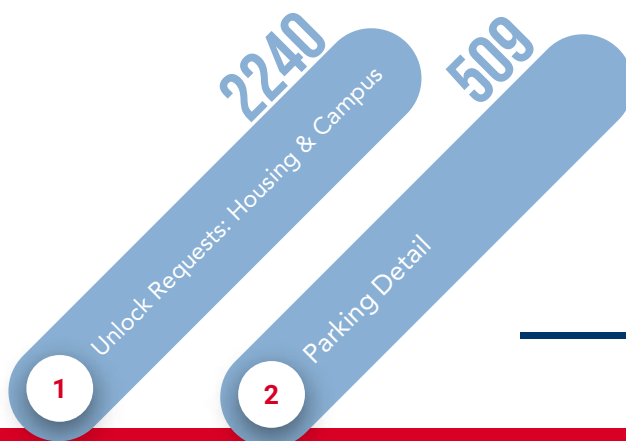
# PUBLIC SAFETY & TRANSPORTATION

The department of Public Safety and Transportation is positioned to touch every aspect of our campus. We recently joined the Student Life Division, creating new partnerships, and putting us in closer to our student community. We provide an array of services to support students, staff, faculty, administration, and visitors.

## SAFETY SERVICES FOR OUR CAMPUS

- Patrolling the campus.
- Staffing the front kiosk at the main road to monitor traffic and provide help. The kiosk serves as our dispatch center.
- Responding to requests for assistance for lock outs, opening up rooms on campus, to provide support to Resident Advisors, and for traffic or parking related issues.
- Locking up all buildings at night and unlocking them during the day.
- Supporting events on campus to provide support and a safe atmosphere.
- Managing the SMC Lyft and County Connection bus programs.
- Responding to calls for assistance.
- Serving as the connection for local police and fire.
- Responding to fire and burglar alarms on campus property, to include the Rheem Campus.
- Enforcing parking violations and coordinating parking for events.

## MOST COMMON REQUESTS



# 11,183

2022 - 2023 Calls & Responses

Public Safety provided services for 19 Men's Basketball games with security, attended numerous campus events to participate and show a presence, and in total. Incidents included responding to calls for service, checking on alarms, aiding students, checking on 911 calls, providing foot and mobile patrols, providing escorts, and maintaining a presence at the kiosk for visitors at the front gate.

*A Message from Manjit Sappal - Executive Director of Campus Safety and Transportation*

All our efforts are community focused and we strive to be good partners with our campus community. Other highlight this year included promoting Lyla Lauren to the rank of Lieutenant – she is the first woman, and woman of color, to be appointed to this position. We also recognized the promotion of Sergeant Arlo De Guzman for attaining this rank.

# RESIDENTIAL EXPERIENCE

*Creating a home for students by developing a safe, engaging, and inclusive environment that supports residential student learning and emphasizes personal and social responsibility.*

## STRUCTURE & GUIDANCE

- Resident Advisor Training
- Resident Director Training
- Roommate Agreement Guidance
- Hall Meetings and Engagement Opportunities
- Residence Hall Association

# 55

*Programs & Events*

## LIVING LEARNING COMMUNITIES

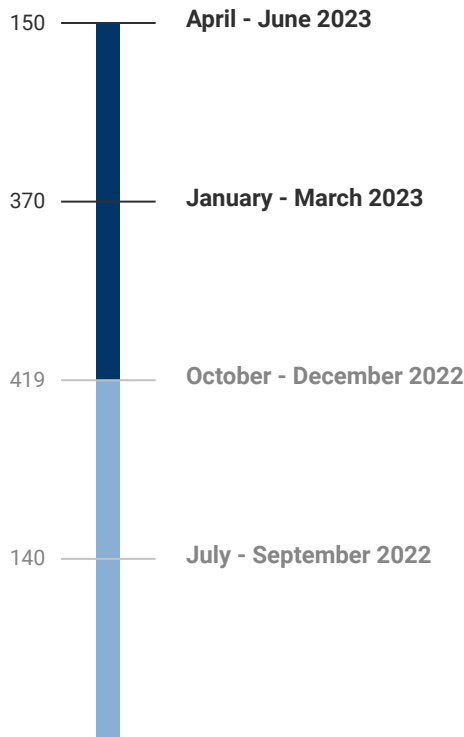
- Honors LLC in Aquinas Hall - Of 71 Honors students, 52 opted to live in Aquinas Hall
- Transfer LLC - 63 Transfer students living on campus



# STUDENT HEALTH CENTER

*We embrace the diversity of our patient population and the community we serve with respect and understanding.*

## 1079 TOTAL PATIENT CLINIC VISITS



Travel Vaccine Requirements

Jan Term 2023 & Spring 2023

**110**  
Travel Health Visits

### INTEGRATION

- New Student Health Insurance system
- Food Insecurity Screening
- Department Name Update: *Health Center*
- Implementation of vaccine verification service.

### PARTNERSHIPS

- Wellness Fair
- Food Bank of Contra Costa
- CalFresh Collaboration
- CAPS Stress Management Fair

### CONTINUED CARE

- TB Screening for JumpStart Program
- Vaccine Approvals
- Incoming Student Requirements



# SIL

## Student Involvement & Leadership

*Providing leadership opportunities for student to gain experience managing events, programs and services for their peers. SIL is the administrative support office for over 50 student organizations.*



686

Student Events

1000+

CAB Carnival Attendees

2400

Food Vouchers for Students

## STUDENT LEADERSHIP SUMMIT

This conference sponsored by Student Life hosted more than 150 students who participated in breakout sessions on topics ranging from introduction to being a leader to advanced topics such as facilitating difficult conversations. The keynote speaker, Mr. David Holquin, is a former Associated Students President shared how becoming a student leader at SMC has shaped his life.

*Finding a Leader Within*

# OUR TEAM

## 2022-2023 Professional Staff

Aaron Gibson **Associated Director for Public Safety**  
Alexandra Bibby **Housing Manager, Housing & Dining**  
Anika Anderson **Programs and Operation Coordinator, Campus Recreation**  
Ann Hassett **Registered Nurse, Health Center**  
Arlo De Guzman **Sergeant, Public Safety**  
Br Thomas Jones **Staff Psychologist, CAPS**  
Brian Middleton **Director of Housing Operations & Auxiliary Services, Housing & Dining**  
Calvin Monroe **Assistant Dean of Students, Community Life**  
Carnetta Porter **Staff Therapist AA/Black Student Focus, CAPS**  
Cynthia Cutshall **Associate Director of Clinical Services and Operations/Outreach Coordinator, CAPS**  
Dai To **Assistant Vice President for Wellness & Director, Counseling and Psychological Services**  
Erin Perkins **Interim Medical Director, Health Center, Health Center**  
Giselle Perez **Public Safety Officer**  
Heidi Tend **Office Manager, CAPS**  
James Sciuto **Interim Vice President for Student Life**  
Jeff Russo **Sergeant, Public Safety**  
Jennifer Berten **Registered Nurse, Health Center**  
Jennifer Herzog **Assistant Vice President for the SMC Experience**  
Jennifer Panish **Staff Psychologist/Training Coordinator, CAPS**  
Jeremy Penaflor **Director of Recreational Sports, Club Athletics**  
Joseph Fielding **CAPS MFT/PCC Trainee, CAPS**  
Justin Traille **Athletic Trainer for Club Athletics, Club Athletics**  
Karina del Rio **Program Coordinator in Student Involvement & Leadership, SIL**  
Kimiya Shokri **Assistant Director of Delphine Intercultural Center, IC**  
Kristen Freeman **Staff Therapist, CAPS**  
Legacy Lee **Director of Delphine Intercultural Center, IC**  
Lila Lauren **Lieutenant, Public Safety**  
Lindsey Nakashima **Director of Club Athletics, Club Athletics**  
Lora Dungo **Administrative Assistant, Health Center**  
Lori Umidon **Member Services & Facility Operations Manager, Campus Recreation**  
Manjit Sappal **Executive Director for Public Safety**  
Megan Gallagher **Director of Campus Assault Response & Education, CARE**  
Molly Schmidt **Administrative Assistant, SIL**  
Nolan Puglisi **Public Safety Officer**  
Rebecca Harper **Exec Dir for Strategy, Planning & Operations/ Director of Campus Recreation**  
Ronn Peterson **Public Safety Officer**  
Samantha Alberto **Director of Residential Experience, Residential Experience**  
Scarlett Salaverria **Public Safety Officer**  
Shaleda Newson **CAPS MFT/PCC Trainee, CAPS**  
Sharon Sobotta **Director of Center for Women & Gender Equity, CWGE**  
Sean Alexander **Sergeant, Public Safety**  
Themis Lonis **Public Safety Officer**  
Thomas Perry **Club Athletics Operations Manager, Club Athletics**  
Thomas Westbrooks **Public Safety Officer**  
Travis Mason **Associate Dean of Students & Director of Community Life, Community Life**

