

Counseling Department, Kalmanovitz School of Education, Saint Mary's College

Marriage & Family Therapy/Professional Clinical Counselor (MFT/PCC)

Plan of Study - 68 units

3.5-Year Coursework Schedule

Year 1: SPRING

TOTAL UNITS: 68

| | | | |
|------|-----|--|---|
| COUN | 600 | Introduction to Counseling Research | 1 |
| COUN | 621 | Human Development & Family Relationships | 3 |
| COUN | 604 | Theories of Counseling | 3 |

Year 1: SUMMER

| | | | |
|------|-----|---|---|
| COUN | 603 | Personal & Professional Development of Counselors | 3 |
|------|-----|---|---|

Year 2: FALL

| | | | |
|------|-----|---|---|
| COUN | 601 | Counseling Skills I (6 Saturdays 10-5 with 6 additional 2-hour training groups) | 3 |
| COUN | 611 | Law, Ethics, & Values | 3 |
| COUN | 605 | Issues in Intercultural Counseling & Social Justice | 3 |

Year 2: JAN TERM

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|------|-----|---------------------------|---|
| COUN | 612 | Human Sexuality | 1 |
| COUN | 613 | Alcohol & Substance Abuse | 2 |

Year 2: SPRING

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|------|-----|--|---|
| COUN | 602 | Counseling Skills II (6 Saturdays 10-5 with 6 additional 2-hour training groups) | 3 |
| COUN | 620 | Psychological Testing & Assessment | 3 |
| COUN | 721 | Family Systems Theories | 3 |

Year 2 SUMMER

| | | | |
|------|-----|---|---|
| COUN | 610 | Career Counseling | 3 |
| COUN | 761 | Addictions, Dual Diagnoses, and Recovery-Oriented Treatment | 1 |

Year 3: FALL

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|------|-----|-----------------------|---|
| COUN | 701 | Psychopathology | 3 |
| COUN | 731 | Treatment of Children | 3 |

Year 3: JAN TERM

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|------|-----|--|---|
| COUN | 781 | Counseling Older Adults & Their Families | 1 |
|------|-----|--|---|

Year 3: SPRING

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|------|-----|---|---|
| COUN | 751 | Community Mental Health Counseling and Trauma Interventions | 3 |
| COUN | 622 | Group Theory & Practice | 3 |
| EDUC | 772 | Research Seminar I | 3 |

Year 3: Summer

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|-------|------|---|---|
| COUN | 771 | Psychopharmacology | 3 |
| *COUN | *797 | *Counseling Exam Preparation (Second Summer Session Only) | 3 |

Year 4: Fall

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|------|-----|---|---|
| COUN | 791 | Counseling Field Experience MFT/PCC | 3 |
| COUN | 741 | Advanced Clinical Practice | 3 |
| COUN | 711 | Theory & Practice of Counseling Couples | 2 |

Year 4: SPRING

| | | | |
|-------|------|--|---|
| COUN | 791 | Counseling Field Experience MFT/PCC | 3 |
| *COUN | *799 | *Counseling Master's Project or Thesis | 3 |

(For the Counseling Exam, take 797 instead.)

*COUN 797 or 799, not both

Effective 1/1/25